Sub. Code 70611/70711 70811/70911

## M.Sc. DEGREE EXAMINATION, APRIL 2024

#### First Semester

#### FUNDAMENTALS OF PSYCHOLOGY

## (Common for all M.Sc. (Applied Psychology) Specilization Courses)

#### (2023 onwards)

Duration: 3 Hours Maximum: 75 Marks

**Part A**  $(10 \times 1 = 10)$ 

Answer all questions.

- 1. Where does the word 'Psychology' come from?
  - (a) Italian
- (b) Greek
- (c) Latin
- (d) None of the above
- 2. Psychology is a
  - (a) Biological science (b) Physical science
  - (c) Social science
- (d) Natural science
- 3. The study of learning is most closely associated with which school of psychology?
  - (a) Psycho analytic (b)
    - (b) Humanist
  - (c) Social
- (d) Behaviourist
- 4. Paulov is famous for his work in
  - (a) Contingent conditioning
  - (b) Operant conditioning
  - (c) Classical conditioning
  - (d) Oppositional conditioning

	(a)	Social	(b)	Psychological
	(c)	Physical	(d)	Cultural
6.	The insti		is a	ssociated with which basis
	(a)	Repulsion	(b)	Pugnacity
	(c)	Appeal	(d)	Escape
7.		process of arous	sing,	sustaining and regulating
	(a)	Learning	(b)	Motivation
	(c)	Habit	(d)	Maturation
8.		al recommendatio cture.	n in	volves a change in which
	(a)	Lens	(b)	Convex
	(c)	Retina	(d)	Fover
9.	On a	verage, women typ	ically	outperform men on tests
	(a)	Spelling	(b)	Mental rotation
	(c)	(a) and (b)	(d)	Neither (a) nor (b)
10.	The thou	ability to under ghts, emotions, feel		d oneself and know one's motives is called
	(a)	Musical intelligen	ce	
	(b)	Spatial intelligence	ee	
	(c)	Social intelligence	!	
	(d)	Intrapersonal inte	elliger	
			2	C-2536

What type of factor is motivation?

5.

Part B  $(5 \times 5 = 25)$ 

#### Answer all questions

11. (a) Explain the Gestalt theory in psychology.

Or

- (b) What are the ethics to be followed in psychological research?
- 12. (a) Explain the classical conditioning theory.

Or

- (b) What are the factors influencing learning?
- 13. (a) What do you mean by biological and social motivation?

Or

- (b) Explain games range theory of emotion.
- 14. (a) Explain the sensory thresholds.

Or

- (b) How will you perceive sound waves? Explain.
- 15. (a) Explain how will you measure intelligence.

Or

(b) Give a brief explanation on the application of AI in psychology.

C - 2536

Part C

 $(5 \times 8 = 40)$ 

#### Answer all questions

16. (a) How is research useful in Psychology? Explain.

Or

- (b) Explain the scope of psychology.
- 17. (a) What is reinforcement? Explain the schedule of reinforcement.

Or

- (b) Explain Insight Learning theory.
- 18. (a) Explain Drive Reduction approach theory.

Or

- (b) Explain the Cognitive appraisal theory of emotion.
- 19. (a) Define sensation. Explain the perception of colours in vision.

Or

- (b) Explain the kinesthetic and vestibular sense.
- 20. (a) Explain Thorndike's theory of intelligence.

 $O_1$ 

(b) Explain Piagets' theory of intelligence.

Sub. Code

70612 / 70712/ 70812 / 70912

 $(10 \times 1 = 10)$ 

## M.Sc. DEGREE EXAMINATION, APRIL 2024

#### First Semester

#### COGNITIVE PSYCHOLOGY

## (Common for all M.Sc. (Applied Psychology) (Specilization courses))

(2023 onwards)

Duration: 3 Hours Maximum: 75 Marks

Part A

Answer all questions.

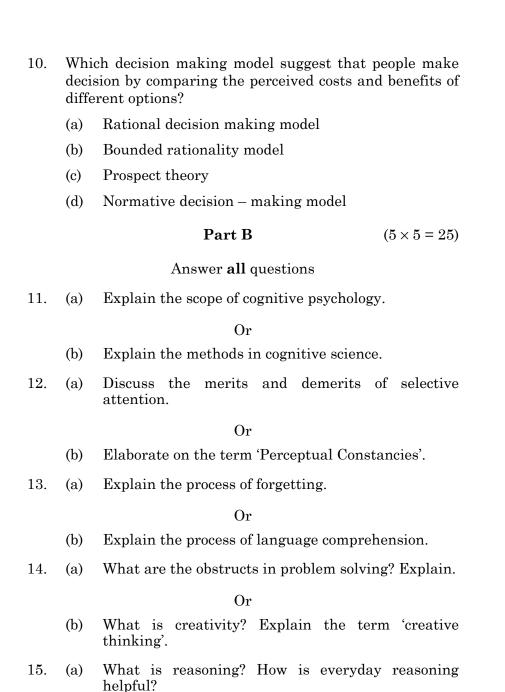
- 1. "Collective monologue leads to egocentric speech" which psychologist viewed this strongly?
  - (a) Jean Piaget
- (b) Vygotsky
- (c) Freud
- (d) Carl Rogers
- 2. Reflecting on one's own thinking process is called
  - (a) Memorization
- (b) Meta cognition
- (c) Conditioning
- (d) Assimilation
- 3. Who among the following proposed that the brain has innate capacity for organising perception?
  - (a) Kohler
- (b) Koffka
- (c) Werthcimer
- (d) All of the above
- 4. Which of the following is the principle of perceptual organisation?
  - (a) Closure
- (b) Grouping
- (c) Contrast
- (d) All of the above

	(a)	Broca's area	(b)	Wernicke's area	a
	(c)	Occipital lobe	(d)	Cerebellum	
6.		ch memory system age of information?		-	_
	(a)	Sensory memory			
	(b)	Short – term mem	ory		
	(c)	Semantic memory			
	(d)	Long – term memo	ory		
7.		ch of the problem erent solutions?	solvi	ng strategy inv	olves testing
	(a)	Trial and error	(b)	Algorithm	
	(c)	Heuristic	(d)	Incubation	
8.		ability to think 'ouvative solutions is o			ome up with
	(a)	Convergent thinki	ng		
	(b)	Divergent thinkin	g		
	(c)	Trial and error thi	inkin	g	
	(d)	Heuristic thinking	g		
9.		en you make a ju tal shortest or a ger			
	(a)	Deductive reasoni	ng		
	(b)	Inductive reasonir	ng		
	(c)	Heuristic reasonir	ıg		
	(d)	Abductive reasoni	ng		
			2		C-2537

Which area of the brain is typically associated with

language production, including speech?

5.



Or How are models of decision making helpful?

3

C - 2537

(b)

Part C

 $(5 \times 8 = 40)$ 

#### Answer all questions

16. (a) Explain the paradigms of cognitive psychology.

Or

- (b) Explain the connectionist approach.
- 17. (a) Discuss the nature of attention, perception and consciousness.

Or

- (b) Explain the Gestalt approaches to perception.
- 18. (a) How is language useful in a social contract?

Or

- (b) Explain the types of memory.
- 19. (a) Discuss on 'Knowledge and problem solving".

Or

- (b) How will you promote creativity? Explain.
- 20. (a) Differentiate between reasoning and decision making.

Or

(b) Explain any one model of decision making.

C - 2537

Sub. Code 70613/70713/ 70813/70913

## M.Sc. DEGREE EXAMINATION, APRIL 2024

#### First Semester

#### THEORIES OF PERSONALITY

# (Common for all M.Sc. (Applied Psychology) Specialization Courses)

#### (2023 onwards)

Duration: 3 Hours Maximum: 75 Marks

**Section A**  $(10 \times 1 = 10)$ 

## Answer all questions.

- 1. According to Abraham Maslow which psychological perspective focusses on the potential for personal growth and self actualization?
  - (a) Psycho-dynamic perspective
  - (b) Humanistic perspective
  - (c) Behaviourist perspective
  - (d) Social cognitive perspective
- 2. According to the social cognitive perspective, what plays a central role in shaping an individual's personality?
  - (a) Genetic factors
  - (b) Childhood experiences
  - (c) Environmental influences
  - (d) The unconscious mind

3.		ch of the following l ho analytic and nec		_	•
	(a)	Behaviourism and	l cond	litioning	
	(b)	Unconscious confl	icts a	nd early experie	ences
	(c)	Humanistic self-ac	ctuali	zation	
	(d)	Cognitive processe	es and	d information p	rocessing
4.		is considered the f loped psycho analy			
	(a)	Carl Jung	(b)	Erik Erikson	
	(c)	Karen Horney	(d)	Alfred Adler	
5.	Wha	t is a key goal of in	terpe	rsonal psychoth	erapy?
	(a)	Uncovering uncon	sciou	s conflicts	
	(b)	Enhancing self act	tualiz	ation	
	(c)	Improving inter po	erson	al relationships	
	(d)	Restructuring irra	itiona	l beliefs	
6.	The of	inter-personal app	roach	is often applie	ed in the field
	(a)	Clinical Psycholog	у		
	(b)	Behaviourism			
	(c)	Neuro psychology			
	(d)	Humanistic psych	ology		
			2		C-2538

7.	The	existential approach in psychology is concerned with
	(a)	Examining trait and personality characteristics
	(b)	The exploration of the human condition and individual existence
	(c)	Uncovering Unconscious conflicts
	(d)	Analysing social interaction and relationships
8.	The	trait approach to psychology focusses on
	(a)	Examining the human condition and existence
	(b)	Unconscious desires and conflicts
	(c)	Identifying stable personality traits
	(d)	Analysing social interaction
9.	to th	rding to social learning theory, which concept refers ne belief in one's capability to execute specific action stain goals?
	(a)	Self-concept (b) Self actualization
	(c)	Self-esteem (d) Self efficacy
10.	_	nitive psychologists are interested in understanding individuals
	(a)	develop self concept
	(b)	form and retrieve memories
	(c)	exhibit aggressive behaviour
	(d)	respond to reinforcement
		3 C-2538

**Section B** 

 $(5 \times 5 = 25)$ 

Answer all questions.

11. (a) What are the determinants of personality? Explain.

Or

- (b) What is a situational test? What are its uses?
- 12. (a) What is Psychic energy? How is it used in psychology?

Or

- (b) Explain how will you develop personality.
- 13. (a) Elaborate on Erich Fromm's idea of structure of personality.

Or

- (b) What does interpersonal theory say about development of personality?
- 14. (a) What is Cattell's view of personality?

Or

- (b) What are the advantages of Allport's theory of personality?
- 15. (a) Explain George Kelley's theory of Personality.

Or

(b) How is Albert Bandura's theory is helpful in evaluating personality? Explain.

4

C-2538

#### Answer all questions.

16. (a) How will you measure personality? Explain Rorshach's Inkblot test.

Or

- (b) Explain Trait theory by Gordon Allport.
- 17. (a) Discuss the views of Karen Horney on Personality.

Or

- (b) How do 'style of life' and 'birth order' help in personality? Explain.
- 18. (a) What are the advantages and disadvantages of Harry Stack Sullivan's theory? Explain.

Or

- (b) How will you evaluate Personality using Eric Fromm's theory?
- 19. (a) Explain the structure of Personality according to Cattell.

Or

(b) Explain how Allport's theory is applied and evaluated?

5

C-2538

20.	(a)	What is	the	structure	of	Personality	according	to
		Albert B	andu	ıra? Explai	n.			

Or

(b) How is assessment done in George Kelley's theory? Explain.

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#### M.Sc. DEGREE EXAMINATION, APRIL 2024

#### First Semester

## ${\bf Applied\ Psychology-Specialization\ Courses}$

#### DEVELOPMENTAL PSYCHOLOGY

(2023 onwards)

# (Common for all M.Sc. (Applied Psychology) Specialization courses)

Duration: 3 Hours Maximum: 75 Marks

Section A  $(10 \times 1 = 10)$ 

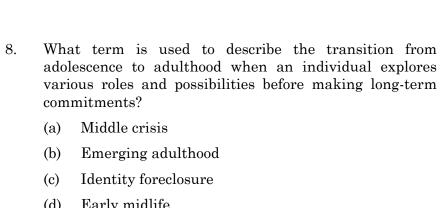
Answer all questions.

- 1. During which trimester of pregnancy do most major organ systems develop?
  - (a) First trimester (b) Second trimester
  - (c) Third trimester (d) Fourth trimester
- 2. What is the term for the process by which a developing fetus is nourished and protected within the mother's uterus?
  - (a) Conception (b) Gestation
  - (c) Menstruation (d) Ovulation

		l that develops bet giver?	ween	an infant and their primary
	(a)	Attachment	(b)	Detachment
	(c)	Independence	(d)	Isolation
4.		what age does the pendently?	e ave	erage toddler start to walk
	(a)	1 year	(b)	18 months
	(c)	2 years	(d)	3 years
5.	logic			erized by the development of . This stage was described by
	(a)	Erik Erikson	(b)	Jean Piaget
	(c)	Sigmund Freud	(d)	Lawrence Kohlberg
6.		ch of the following dren in middle child	_	a common social issue that might face?
	(a)	Aging and retirem	ent	
	(b)	Identity crisis		
	(c)	Bullying and peer	press	sure
	(d)	Marriage and fam	ily pl	anning
7.	Wha	at is the typical age	range	e for early adulthood?
	(a)	13-18 years	(b)	18-35 years
	(c)	35-50 years	(d)	50-65 years
			2	C-2539

What is the term for the emotional and psychological

3.



- (d) Early midlife
- 9. Late adulthood often involves facing the end of life. What is the term for the psychological state in which an individual reviews his life, experiences a sense of fulfilment and comes to terms with their mortality?
  - Identity crisis (a)
  - (b) Midlife crisis
  - Generativity crisis (c)
  - (d) Ego integrity
- What is the term for the psychological disorder 10. characterized by severe memory loss and cognitive decline, often associated with late adulthood?
  - (a) Depression
- (b) Dementia
- (c) Anxiety
- Bipolar disorder (d)

#### Section B

 $(5 \times 5 = 25)$ 

Answer all questions.

11. (a) Explain the environmental influences on prenatal development.

Or

(b) How does environment influence on motor development?

C-2539

12.	(a)	Analyse different child rearing practices and parenting styles.
		$\operatorname{Or}$
	(b)	What is the role of play in a child's cognitive and social development?
13.	(a)	What is self concept? How is it developed?
		$\Omega r$

- (b) Bring out the emotional development during middle childhood.
- 14. (a) Suggest some strategies for promoting healthy aging.

Or

- (b) Bring out the stages of dying.
- 15. (a) Explain the physical development during middle adulthood.

Or

(b) What role of friendships and social networks play in the life of a young adult? Explain.

4

C-2539

**Section C** 

 $(5 \times 8 = 40)$ 

Answer all questions.

16. (a) Describe the milestones of motor development.

Or

- (b) Elaborate the stages of lifespan development.
- 17. (a) Bring out the physical development during infancy and toddlerhood.

Or

- (b) Trace the language development during early childhood.
- 18. (a) Discuss psychosocial development of middle childhood.

Or

- (b) Analyse the relationship of middle childhood with peers and adult society.
- 19. (a) How does cognitive function change during take adulthood and what factors contribute to these changes?

Or

(b) What are the differences in aging experiences between men and women in take adulthood?

5

C-2539

20. (a) How do relationships with parents evolve during early adulthood, and what roles does independence play in this transition?

Or

(b) What are the common stressors and mental health issues faced by those in early adulthood and how can they be addressed?

C-2539

C-2540

Sub. Code 70616/ 70716/ 70816/ 70916

## M.Sc. DEGREE EXAMINATION, APRIL 2024

#### First Semester

#### **HEALTH PSYCHOLOGY**

## (Common for All M.Sc. (Applied Psychology) Specilization Courses)

(2023 onwards)

Duration: 3 Hours Maximum: 75 Marks

Section A  $(10 \times 1 = 10)$ 

Answer all questions.

- 1.  $\frac{}{}$  is/are essential components of "Health" as per WHO
  - (a) Physical well being
  - (b) Mental well being
  - (c) Social well being
  - (d) All the above
- 2. Which of these is not a definition of health?
  - (a) Health is not ill
  - (b) Health despite disease
  - (c) Health means not seeing a doctors
  - (d) Health as vitality

	(a)	Social cognitive theory
	(b)	Theory of planned behaviour
	(c)	Health belief theory
	(d)	Kolhberg's moral stages
5.	Stre	essors are more likely to affect health if they are
	(a)	Long lasting
	(b)	Highly disruptive
	(c)	Difficult to control
	(d)	All the above
3.	Whi	ch factor/s improve coping?
	(a)	Social support
	(b)	Optimism
	(c)	Perceived control
	(d)	All of the above
7.		is true to placebo
	(a)	It has no impact on the disease
	(b)	It do not produce any effect
	(c)	It is the inert material added to drug
	(d)	All patients respond to it
		2 C- <b>2540</b>

Health compromising behaviour is ————

Which is not the theory of health Psychology?

Good to health

None of these

Harmful to health Mediate to health

3.

4.

(a)

(b)

(c)

(d)

	(a)	Activity in sympathetic nerves
	(b)	Convergence projection
	(c)	Peripheral branching of primary afferent nociceptors
	(d)	None of the above
9.		is not a example of chronic disorder
	(a)	Heart disease (b) Cancer
	(c)	Leg fracture (d) Stroke
10.	_	eloping a fear of entering unfamiliar situation is wn as
	(a)	Panic disorder
	(b)	Agoraphia
	(c)	Conversion disorder
	(d)	Compulsive disorder
		Section B $(5 \times 5 = 25)$
		Answer all questions.
11.	(a)	Explain biopsychosocial model.
		$\operatorname{Or}$
	(b)	Critically analyse the mind body relationship.
12.	(a)	Explain the characteristics of Health comprimising behaviour.
		$\operatorname{Or}$
	(b)	Discuss the types of health behaviour.
13.	(a)	Describe the sources of stress.
		$\operatorname{Or}$
	(b)	Discuss the types of stress.
		3 <b>C-2540</b>

is not the correct statement of physiology of

8.

pain

Explain briefly the placebo effect. (b) 15. Describe about the alternative care for the terminal (a) illness. Or(b) Discuss about the quality of life. **Section C**  $(5 \times 8 = 40)$ Answer all the questions. 16. Discuss the recent research trends in health (a) psychology. Or (b) Explain elaborately the Bio medical model. Describe the barriers in the healthy behaviour and 17. (a) changing the health habits. (b) Explain the various theories of health promotion behaviour. 18. Discuss the theories of stress and its coping styles. (a) (b) Explain the psychological issues in advancing illness. 19. (a) Describe the pain management programmes. Or (b) Discuss the measuring methods of pain and the issues in pain management. 20. Explain Kubler's theory. (a) Or (b) Discuss the psychological intervention for chronic health disorder. C-2540

Discuss the physiology of pain.

Or

14.

(a)

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## M.Sc. DEGREE EXAMINATION, APRIL 2024

#### **Second Semester**

#### APPLIED SOCIAL PSYCHOLOGY

# (Common for all M.Sc. (Applied Psychology) Specialization Courses)

#### (2023 onwards)

Duration: 3 Hours Maximum: 75 Marks

**Part A**  $(10 \times 1 = 10)$ 

## Answer all the questions.

- 1. Which theory emphasizes the influence of social norms and group pressure on individual behaviour?
  - (a) Social learning theory
  - (b) Social identify theory
  - (c) Social influence theory
- 2. What is the by stander effect?
  - (a) The tendency for individual to conform to group norms
  - (b) The decrease in likelihood of helping behavior as the number of by standers increases
  - (c) The tendency to attribute one's own behaviour to internal factors and others behaviour to external factors

- 3. What is the fundamental attribution error?
  - (a) overestimating the influence of internal factors and understanding situational factors when explaining others behavior
  - (b) understanding the influence of internal factors
  - (c) attributing one's own behavior to situational factors
  - (d) overestimating situational factors when explaining other's behavior
- 4. What is the concept of cognitive dissonance?
  - (a) the tendency to overestimate the likelihood of positive events
  - (b) the state of discomfort experiment when holding conflicting beliefs (or) attitudes
  - (c) the tendency to attribute one's own success to internal factors
- 5. What is the foot-in-the-door technique?
  - (a) Making a large request first, followed by a smaller request
  - (b) Making a small request first, followed by a larger request
  - (c) Making a request that is in line with the person's belief
- 6. According to social exchange theory, what motivates individuals in relationships?
  - (a) the desire to maximize rewards and minimize costs
  - (b) the need for utilization and belongingness
  - (c) the influence of social norms and group pressure

C-2541

- 7. Which theory suggests that individuals are motivated to maintain a balance among their beliefs, attitudes and relationships?
  - (a) social exchange theory
  - (b) balance theory
  - (c) self-perception theory
- 8. Which concept refers to the tendency for individuals to attribute their own successes to internal factors and failures to external factors?
  - (a) self-serving bias
  - (b) actors-observers bias
  - (c) fundamental attribution error
- 9. According to the social identity theory, what is an in-group?
  - (a) A social group to which an individual does not belong
  - (b) A social group to which an individual belongs and identifies with
  - (c) A social group to which an individual belongs but does not identify with
- 10. What is the primary focus of applied social psychology?
  - (a) understanding individual behaviour in isolation
  - (b) investigating social phenomena in controlled laboratory settings
  - (c) applying psychological principal to address realworld social issues

C-2541

Part B

 $(5 \times 5 = 25)$ 

#### Answer all questions.

11. (a) Briefly explain the historical context of applied social psychology.

Or

- (b) Discuss the concept of attribution and explain basic sources of error.
- 12. (a) Describe the factors that influence interpersonal attraction.

Or

- (b) Evaluate the effectiveness of interventions aimed at reducing prejudice.
- 13. (a) Define transformational leadership and provide two examples of how it can positively impact organizational outcomes.

Or

- (b) Explain the scope of social psychology.
- 14. (a) Discuss the concept of the fundamental attribution error and provide an example of how it might occur in everyday life.

Or

(b) Explain the difference between conformity and compliance in social influence.

4

C-2541

15. (a) Explain the concept of social identity theory and how it can be applied by leaders.

Or

(b) Discuss the different forms and causes of aggression.

**Part C**  $(5 \times 8 = 40)$ 

Answer **all** questions.

16. (a) Critically evaluate the use of social psychology research in shaping public policy and addressing social issues.

Or

- (b) Analyze the role of non-verbal communication in social perception.
- 17. (a) Discuss the psychology of prejudice and discrimination.

Or

- (b) Explain the psychology of aggression and violence.
- 18. (a) Critically evaluate the effectiveness of interventions aimed at reducing aggression and violence in communities and schools.

Or

(b) Evaluate the role of leadership in shaping group dynamics and outcomes.

C-2541

19. (a) Evaluate the impact of leadership styles on organizational culture and performance.

Or

- (b) How social psychological principal can be applied to reduce prejudice, discrimination and bias in the work place.
- 20. (a) Discuss how schemes influence perception, memory and decision-making and provide examples.

Or

(b) Explain how social cognition processes such as attribution, impression formation and attitude formation.

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## M.Sc. DEGREE EXAMINATION, APRIL 2024.

#### **Second Semester**

## **NEURO PSYCHOLOGY**

# (Common for all M.Sc. (Applied Psychology) Specialization Courses)

## (2023 onwards)

		(2025 onwards)
Dur	ation	: 3 Hours Maximum : 75 Marks
		$\mathbf{Part} \mathbf{A} \qquad (10 \times 1 = 10)$
		Answer all questions.
1.	The	aim of Neuropsychology is to
	(a)	To study the structure and functions of the heart
	(b)	To understand how behaviour and cognition are influenced by brain functioning
	(c)	To investigate the role of genetics in mental disorders
	(d)	None of the above
2.	The	primary focus of neuropsychology is
	(a)	Investigating the relaionship between brain and behaviour
	(b)	Studying the effects of medication on behaviour
	(c)	Analysing the influence of culture on cognitive processes
	(d)	All the above

The	main function of ne	euroti	ransmitters is	·
(a)	To regulate heart	rate		
(b)	To maintain bone	dens	ity	
(c)	To store energy in	the l	body	
(d)	To transmit electr	rical s	signal between no	eurons
elect	is the net		responsible for the cell body.	transmitting
(a)	Axon	(b)	Dendrite	
(c)	Soma	(d)	Myelin Sheath	
	area of the brain blem solving and con			
(a)	Temporal lobes			
(b)	Parietal lobes			
(c)	Frontal lobes			
(d)	Occipital lobes			
	nage to the temperet of cognition.	oral	lobe can effect	
(a)	Problem solving			
(b)	Motor skills			
(c)	Emotional regulat	tion		
(d)	Language compre	hensi	ion	
	brain str	actur	e is associated	with spatial
U	nition.			
(a)	Amygdala	(b)	Hippocampus	
(c)	Prefrontal cortex	(d)	Cerebellum	
	_		f the brain res	-
	grating spatical in alifies.	form	ation from diffe	rent sensory
(a)	Hippocampus	(b)	Parietal cortex	
(c)	Temporal cortex	(d)	Occipital cortex	
		2		C-2542

	(c) (d)	Trail making test Stroop test
10.	The (a) (b) (c) (d)	WAIS is designed to assess  cognitive abilities in adults  Cognitive abilities in children  Personality tracts  Motor skills
		Part B $(5 \times 5 = 25)$ Answer all questions.
11.	(a)	Explain the Pros and Cons of imaging techniques. Or
	(b)	Write note on the origin and development of the discipline of Human Neuropsychology.
12.	(a)	What are the main types of neurotransmitters and how do they differ in their functions?  Or
	(b)	How does the structure of a neuron enable it to generate and transmit nerve impulses?
13.	(a)	Explain the theory of Frontal lobe. Or
	(b)	What are the common sings or symptoms of conditions that affect the temporal lobe?
14.	(a)	What is the anatomical location of occipital lobe and how is it connected to other parts of the brain.  Or
	(b)	Explain the concept of spatial cognition and how it is influenced by parietal lobe.
15.	(a)	Explain about Halstead Retain Battery. Or
	(b)	Discuss the factors influencing the choice of neurological assessment.
		3 C-2542

\_\_\_\_\_ is not a subset of Halstead–Reitan Battery.

Tactile Performance test

Category test

9.

(a)

(b)

Part C  $(5 \times 8 = 40)$ 

#### Answer all questions.

16. (a) Explain the different types of dynamic imaging techniques.

Or

- (b) What are the main types of static imaging techniques used in research and clinical practice?
- 17. (a) Explain the structure of neurotransmitters and how they transmit signals between neurons.

Or

- (b) How does the temporal lobe contribute to the integration of auditory and visual information.
- 18. (a) Elaborate the common disorders influenced by Frontal lobe.

Or

- (b) Explain the anatomy and theory of Temporal lobe.
- 19. (a) Explain the common disorders affecting visual and cortical pathways in the occipital lob.

Or

- (b) What is the primary function of parietal lobe in the brain and how does their anatomy support this function?
- 20. (a) Elaborate the wechsler's Memory Scale's interpretation procedure.

Or

(b) Describe Luria-Nebraska Neuropsychological Battery and discuss the significance in assessing neuropsychological functioning.

C-2542

Sub. Code 70623/70723/ 70823/70923

## M.Sc. DEGREE EXAMINATION, APRIL 2024

#### **Second Semester**

#### **PSYCHOMETRY**

# (Common for all M.Sc. (Applied Psychology) Specialization courses)

(2023 onwards) Duration: 3 Hours Maximum: 75 Marks Part A  $(10 \times 1 = 10)$ Answer all questions. Absolute zero exists in 1. Nominal scale (b) Ordinal scale (a) Interval scale (d) Ratio scale (c) 2. Cronbach's alpha is used to assess an instrument's (a) Validity (b) Realibility (c) Randomness (d) Longevity 3. A reliable measure yields a score that — Contains little measurement error (a) A low true score (b) Negative Pearson product moment correlation (c) Negative Cronbach's alpha (d)

	——— is not the	e pur	pose of standardisation of a
test			
(a)	Consistency in administration		
(b)	Uniform scoring criteria		
(c)	Adaptability to individual needs		
(d)	Comparable results across		
	is an exam	ple o	f Projective test.
(a)	TAT	(b)	Observation
(c)	Anecdotal Renal	(d)	Autobiography
	——— is/are the	comp	onents of item analysis.
(a)	Item difficulty	(b)	Item discrimination
(c)	Item distraction	(d)	All the above
	——— is the key	z chai	racteristics of a standardized
test	•	01101	adouting of a summar and
(a)	Subjectivity	(b)	Flexibility
(c)	Consistency	(d)	Open-endedness
	centile Rank indic	cates	———— in the scaling
(a)	Absolute position	with	in a distribution
<i>a</i> >	Raw score		
(b)	naw score		
(b)	Standardized scor	re	
(c)		re	
(c) (d)	Standardized scor		rcentile rank of ————.
(c) (d)	Standardized scor		rcentile rank of ————. 25%
(c) (d) The	Standardized scor Variability lowest quartile has	s a pe	

norı	malisation.
(a)	Z-score
(b)	Percentile Rank
(c)	Quartile derivation
(d)	T-score
	Part B $(5 \times 5 = 25)$
	Answer all questions.
(a)	Explain the history of testing.
	$\operatorname{Or}$
(b)	List the advantages of multiple choice items.
(a)	Explain the types of items for intelligence test.
	$\operatorname{Or}$
(b)	Discuss the scaling methods.
(a)	List the purpose of item analysis.
	$\operatorname{Or}$
(b)	Explain the item response theory.
(a)	Discuss the ethical issues in Psychometry.
	$\operatorname{Or}$
(b)	Describe the factors affecting Reliability.
(a)	Discuss the sampling specific group.
	$\operatorname{Or}$
(b)	Explain the methods of finding Reliability.
	3 C-2543
	<ul> <li>(a)</li> <li>(b)</li> <li>(c)</li> <li>(d)</li> </ul> (a) <ul> <li>(b)</li> <li>(a)</li> </ul> (b) <ul> <li>(a)</li> </ul> (b) <ul> <li>(a)</li> </ul> (b) <ul> <li>(a)</li> </ul>

Part C

 $(5 \times 8 = 40)$ 

#### Answer all questions.

16. (a) What is Standardised test? Explain the characteristics of standardised test.

Or

- (b) Discuss the various classification of test.
- 17. (a) Discuss the guidelines for item writing in personality test.

Or

- (b) How will you construct a test for ability and attainment?
- 18. (a) Define Item Analysis. Why is it important for a Research?

Or

- (b) Describe the elements of Item Analysis.
- 19. (a) Explain the types of Validity.

Or

- (b) Differentiate between Norm Referenced test and criterion referenced test.
- 20. (a) Explain in detail the raw score and standardized score. How will you convert raw score into standardized score?

Or

(b) Discuss the meaning and purpose of norms in detail.

C-2543

Sub. Code 70627/70727 70827/70927

## M.Sc. DEGREE EXAMINATION, APRIL 2024

## **Second Semester**

## **Applied Psychology**

## BEHAVIOUR MODIFICATION

# (Common for all M.Sc. (Applied Psychology) specialization courses

## (2023 onwards)

		(2020	onw	arus)	
Dura	ation	: 3 Hours		Maxim	um : 75 Mark
		Sect	ion A		$(10 \times 1 = 10$
		Answer a	<b>ll</b> the	questions.	
1.	Beh	aviour modification	is a	type of ———	
	(a)	Behaviour therap	У		
	(b)	Cognitive behavio	our th	erapy	
	(c)	Humanistic thera	ру		
	(d)	Client centered th	nerap	у	
2.	Who	is coined behaviou	ıral a	pproach?	
	(a)	Skinner	(b)	Watson	
	(c)	Pavlov	(d)	Thorndike	

	was	given by ———
	(a)	Thorndike (b) Skinner
	(c)	Vygotsky (d) Piaget
4.		principle of extinctions assumes the emotional lems can be———
	(a)	Unlearned
	(b)	Removed from your mental lexicon
	(c)	Derived from childhood experiences
	(d)	Become prehistoric
5.		ch of the following strategies used when a target aviour is not occuring at all?
	(a)	Differential reinforcement
	(b)	Respondent conditioning
	(c)	Punishment
	(d)	Shaping
6.	exan	t kind of prompt is being used in the following nple: Miss Elkhart Physically demonstrates for ndon how to open the microwave oven?
	(a)	Visual prompt (b) Modeling
	(c)	Verbal prompt (d) Physical guidance
		2 <b>C-2544</b>

The concept of reinforcement and behaviour modification

3.

7.	Nega	ative reinforcement
	(a)	Increased desirable behaviour
	(b)	Decreases undesirable behaviour
	(c)	Decreases desirable behaviour
	(d)	Increases undesirable behaviour
8.		ative reinforcement — responding, shment — responding.
	(a)	increases; increases
	(b)	decreases; decreases
	(c)	increases, decreases
	(d)	decreases, increases
9.	Syst	ematic desensitization begins with some form of
	(a)	Instrumental conditioning
	(b)	Retardation training
	(c)	Instrumental training
	(d)	None of the above
10.	Toke	en economy is an influential intervention based upon
	(a)	Classical conditioning
	(b)	Implicit learning
	(c)	Operant conditioning
	(d)	Client centered therapy
		3 <b>C-2544</b>

#### Answer all questions.

11. (a) Discuss the basic concepts of behaviour in behaviour modification.

Or

- (b) What is the purpose of observing and recording behaviour in behaviour modification?
- 12. (a) What is the difference between reinforcement and punishment?

Or

- (b) Explain the factors influencing Extinction.
- 13. (a) What is fading and prompting in behaviour therapy?

Or

- (b) How is shaping used to reduce problem behaviour? Explain.
- 14. (a) Describe the behaviour modification procedures to decrease undesirable behaviour.

Or

(b) How can differential reinforcement of other behaviour reduce an unwanted behaviour? Explain.

4

15.	(a)	List down the advantages and disadvantages of Token economy.
		Or
	(b)	Explain the components of behavioural contract.
		Section C $(5 \times 8 = 40)$
		Answer all questions.
16.	(a)	Describe the areas of applications in Behaviour modification.
		$\operatorname{Or}$
	(b)	Explain the characteristics of behaviour modification.
17.	(a)	Illustrate the difference between escape and avoidance reinforcement.
		$\operatorname{Or}$
	(b)	Explain the difference between positive and negative reinforcement with its example.
18.	(a)	Describe the types of prompts.
		Or
	(b)	What is chaining? Discuss the methods of chaining.
19.	(a)	Is behaviour most effectively changed using reinforcement procedure or a punishment procedure? Discuss.
		$\operatorname{Or}$
	(b)	Describe Antecedent control strategies and its benefits.

5

20. (a) What is called token economy? Explain the application of token economy in the behavioural change procedure.

Or

(b) Discuss the third wave of cognitive behavioural therapies: What is new and what is effective?

C - 2545

Sub. Code 70628/ 70728/ 70828/ 70928

## M.Sc. DEGREE EXAMINATION, APRIL 2024

#### **Second Semester**

#### **Psychology**

#### COMMUNITY MENTAL HEALTH

# (Common for all M.Sc.(Applied Psychology) Specialization Courses)

(2023 onwards)

Duration: 3 Hours Maximum: 75 Marks

Section A  $(10 \times 1 = 10)$ 

Answer all questions.

- 1. Which of the following would be the best definition of a community?
  - (a) People with open boundaries living in a particular area
  - (b) People gathered together to solve a particular problem
  - (c) People with a sense of belonging or common identity
  - (d) People with atleast one common demographic characteristics

- 2. What is the full form of NMHSPF?
  - (a) National Mental Health Service Programming Framework
  - (b) National Mental Health Service Planning Framework
  - (c) National Mental Health Skills Planning Framework
  - (d) National Mental Health Survey Programming Framework
- 3. Which of the following is not a component of community resilience?
  - (a) Social cohesion
  - (b) Infrastructure development
  - (c) Environmental Sustainability
  - (d) Individual wealth
- 4. Which of the following is a common challenge faced during community intervention?
  - (a) lack of community engagement
  - (b) overwhelming community support
  - (c) limited resources
  - (d) rapid intervention implementation
- 5. What is the primary focus of implementation science frameworks?
  - (a) Patient outcomes
  - (b) Disease prevention
  - (c) Effective programme integration
  - (d) Medical diagnosis

- 6. Which of the following is a key component of the Consolidated Framework for Implementation Research (CFIR)?
  - (a) Treatment protocols
  - (b) Implementation outcomes
  - (c) Medication dosage
  - (d) Patient demographics
- 7. How does culture influence individual behaviour?
  - (a) culture has no impact on individual behaviour
  - (b) culture shapes attitudes, beliefs and values
  - (c) culture only affects behaviour in specific situations
  - (d) culture only influences behaviour in urban areas
- 8. How does culture contribute to social norms and behaviours?
  - (a) culture promotes conformity to universal norms
  - (b) culture discourages diversity within societies
  - (c) culture establishes unique norms and behaviours
  - (d) culture has no impact on social norms
- 9. Which tool is essential for assessing the impact and outcomes of a community mental health intervention over time?
  - (a) Stakeholder analysis
  - (b) Process indicators
  - (c) Program evaluation
  - (d) Implementation plan

10.	the	at is the purpose of conducting feasibility analysis in planning phase of a community mental health rvention?
	(a)	assessing stakeholder engagement
	(b)	identifying potential barriers and challenges
	(c)	budget allocation

(d) program evaluation

Section B  $(5 \times 5 = 25)$ 

Answer all questions.

11. (a) Describe the principles of community mental health.

Or

- (b) Mention the importance of Mental health.
- 12. (a) Explain the characteristics of stigma.

Or

- (b) How can we reduce the stigma of mental illness in the community? Explain.
- 13. (a) Explain the concept of implementing science and its significance in bridging the gap between research and practice.

Or

(b) Elaborate on the significance of evaluation and measurement in implementation science.

C-2545

14. (a) Explain the significance ofcompetence stakeholder engagement. Or(b) Discuss the impact of cultural considerations on community resilience building initiatives. 15. Explain the significance of implementation tools in (a) planning a community mental health interventions.

Or

(b) Discuss how the availability and allocation of resources can impact the overall effectiveness of the intervention.

Section C  $(5 \times 8 = 40)$ 

Answer all questions.

16. (a) What is holistic assessment? Explain the benefits of holistic assessment.

Or

- (b) Describe the kinds of mental health issues.
- 17. (a) How to overcome stigma? Explain.

Or

5

(b) Describe the components of community intervention to building community resilience.

18. (a) How did the intervention contribute to promoting equal access to resources and opportunities among community members? Discuss.

Or

- (b) Describe the key components of the Consolidated Framework for Implementation Research (FCIR).
- 19. (a) Discuss the influence of culture on organisational behaviour and Management practices.

Or

- (b) Discuss the role of culture in shaping societal norms and behaviours.
- 20. (a) Describe the key implementation tools you would utilize to assess the needs and priorities of the community for mental health intervention. How would these tools help in the planning phase?

Or

(b) Discuss the impact of Technology and digital resources in implementing and monitoring community mental health interventions.

Sub. Code

70625

## M.Sc. DEGREE EXAMINATION, APRIL 2024

## Second Semester

## Counselling and Psychotherapy

#### THEORIES AND SKILLS OF COUNSELLING

(2023 onwards)

Duration: 3 Hours Maximum: 75 Marks

Section A  $(10 \times 1 = 10)$ 

Answer all questions.

- 1. The Counselling had many development is the year
  - (a) 1960
- (b) 1800
- (c) 1950
- (d) 1850
- 2. The word Empathy was derived from.
  - (a) French
- (b) Greek
- (c) Latin
- (d) Japaneese
- 3. The aim of counselling is
  - (a) Express your true feeling
  - (b) Understand your situation more objectively
  - (c) Build confidence, self awareness and self esteem
  - (d) All of these

Carl Rogers Egan foremost principle Confidentially Trust and rappor Empathy and und All the above	<b>·</b> t	
foremost principle Confidentially Trust and rappor Empathy and un All the above	of cou	unselling is ————
Confidentially Trust and rappor Empathy and un All the above	<b>·</b> t	
Trust and rappor Empathy and und All the above		nding
Empathy and un		nding
All the above	dersta	nding
		.numg
develop the skille	d help	oer model?
Freud	(b)	Gerald Egan
Rogers	(d)	Ellis
nselling and psyc	hothe	rapy both are treatment for
Physical Health	(b)	Mental Health
Promote cognition	n (d)	Better memory
main purpose	of m	entoring in counselling is
To help develop t	he car	reer path
To help them suc	ced in	their role
To complete task	s prop	erly
All of these		
described counsecture of the self is	elling relaye	as the process by which the ed in the safety of the clients?
Smith	(b)	Pepisky and pepisky
Rogers	(d)	Steffire
	2	C-2546
	Rogers  nselling and psyce  Physical Health Promote cognitio main purpose  To help develop to the self is smith	Rogers (d)  nselling and psychother  Physical Health (b)  Promote cognition (d)  main purpose of m  To help develop the car  To help them succed in  To complete tasks prop  All of these  described counselling cture of the self is relayer  Smith (b)  Rogers (d)

	(c)	May focus on a personal entrenched	
	(d)	May focus on personal growth	
		Section B $(5 \times 5 = 25)$	
		Answer all the questions, either (a) or (b)	
11.	(a)	Define counselling and psychotherapy.	
		$\operatorname{Or}$	
	(b)	State the scope of counselling.	
12.	(a)	What do you understand about carl Rogers model of counselling?	
		$\operatorname{Or}$	
	(b)	Explain the micro-skill model.	
13.	(a)	Write short note barefoot counsellor model.	
		$\operatorname{Or}$	
	(b)	Discuss the importance of psychotherapy.	
14.	(a)	Highlight the genuiness and respect of counsellor.	
		${ m Or}$	
	(b)	Analyse the importance of self care of counselling.	
		3 <b>C-2546</b>	

Counselling is closely linked with ————

May be Long term

May be short term

10.

(a)

(b)

Compare and contrast verbatim model and Long 15. (a) model. Or Discuss about the importance of personal awareness (b) and growth. Section C  $(5 \times 8 = 40)$ Answer all the questions.

16. Explain about the principles of counselling and psychotherapy.

Or

- (b) Discuss the history of psychotherapy and counselling.
- 17. Describe about the psycho-analytic model of (a) Sigmund Freud.

Or

- (b) Distinguish among different counselling model.
- 18. (a) What are the importance of cultural sensitivity in the practice of counselling?

Or

- (b) Think and analyse need for psychotherapy in Indian situations.
- Briefly state about the skills of counsellor. 19. (a)

Or

- (b) List out the code of ethics for counsellor.
- 20. Discuss in detail about the Reading Reaction (a) Reports (RRR)

Or

(b) Elucinate the importance of personal awareness and growth.

Sub. Code

70626

## M.Sc. (Applied Psychology) DEGREE EXAMINATION, APRIL 2024

#### **Second Semester**

## Counselling and Psychotherapy

## SCHOOLS OF PSYCHOTHERAPIES — I

#### (2023 onwards)

- 1. Who define the psychotherapy is a form of treatment for problems?
  - (a) Rotter
- (b) Wolberg
- (c) Fisher
- (d) Shelder
- 2. The ultimate goals of psychotherapy is
  - (a) Freeing the person to be self-actualizing
  - (b) Muscular relaxation
  - (c) Changing habits
  - (d) Examining ones values and concepts
- 3. The main focus of the counselling is
  - (a) The past
- (b) The future
- (c) The present
- (d) None of these

(a)			
(u)	The therapeutic v	vork	
(b)	Conclusion of Psy	choth	nerapy
(c)	The patient able	to pra	ctise the skills
(d)	To assess the nec	essity	of Psychotherapy
	o was the First rapy?	to pra	actice Cognitive behavioural
(a)	Grohol	(b)	Martin
(c)	Aaron Beck	(d)	Sigmund Freud
	an Psychoanalytic e in India in the ye		eiety was founded by Giridra
(a)	1920	(b)	1921
(c)	1922	(d)	1923
The	goal of Acceptance	and (	Commitment therapy is
(a)	To increase Psych	nologi	cal flexibility
(b)	To create rich and	d mea	ningful life
(c)	To help people ac	cept t	he reality
(d)	None of these		
(u)			
			py (DBT) was developed in
	lectical Behavior '		
Dial	lectical Behavior ' ——— by Marsha	a Line	han.
Dial (a) (c) This	lectical Behavior ' by Marsha 1975 1985	(b) (d)	9han. 1980
Dial (a) (c) This	lectical Behavior ' by Marsha 1975 1985 s type of therapy fo	(b) (d)	9han. 1980 1970
Dial (a) (c) This expe	lectical Behavior ' by Marsha 1975 1985 s type of therapy foreriences.	(b) (d) cuses	ehan. 1980 1970 on a Person's current life and

The first phase of Psychotherapeutic process is

4.

		Section B $(5 \times 5 = 25)$
		Answer all the questions.
11.	(a)	What are the goals of Psychotherapy?
		$\operatorname{Or}$
	(b)	Mention about future of Psychotherapy.
12.	(a)	Discuss about Psychotherapy and Social work.
		$\operatorname{Or}$
	(b)	List out the Psycho therapeutic devices.
13.	(a)	State the Neo Freudian approach.
		$\operatorname{Or}$
	(b)	Write briefly about the Dynamic therapies.
14.	(a)	Explain the problem solving techniques with example.
		$\operatorname{Or}$
	(b)	Write short note on fundamental aspects of behavioral therapy.
15.	(a)	What is ACT? Discuss about the aims of ACT.
		$\operatorname{Or}$
	(b)	Give in detail about Dialectical philosophy.
		3 <b>C-2547</b>

10.

(a)

(c)

1950

1960

The REBT started in ———.

(b) 1955

1965

(d)

#### Answer all the questions.

16. (a) Elucidate the professional issues in Psychotherapy.

Or

- (b) Think and analyse about the personal characteristics of therapist.
- 17. (a) Distinguish between Psychotherapy and Counselling.

Or

- (b) Elaborate the values of the therapist's responsibility.
- 18. (a) Briefly describe about the Psycho-analytical therapies.

Or

- (b) Write an essay on Humanistic approaches of Roger's.
- 19. (a) Describe about the Meichenbaum's self instructional training.

Or

- (b) Critically analyse about Rational Emotive therapy.
- 20. (a) Identify the therapeutic relationship in Acceptance and Commitment Therapy (ACT).

Or

(b) List out the functions of comprehensive dialectic behavioural therapy.

Sub. Code

70725

## M.Sc. (Applied Psychology) DEGREE EXAMINATION, APRIL 2024.

#### Second Semester

#### Clinical Psychology

#### PSYCHOPATHOLOGY I

#### (2023 onwards)

Duration: 3 Hours Maximum: 75 Marks

 $\mathbf{Part}\,\mathbf{A} \qquad (10 \times 1 = 10)$ 

Answer all the questions.

- 1. What is the primary focus of the psychoanalytic model in understanding psycho pathology?
  - (a) Observable behaviours
  - (b) Unconscious conflicts
  - (c) Environmental stimuli
  - (d) Genetic predispositions
- 2. What is the main purpose of a mental status examination?
  - (a) Identifying genetic factors
  - (b) Assessing environmental influences
  - (c) Understanding the structure of the brain
  - (d) Assessing an individual's current mental state
- 3. What does PTSD stand for?
  - (a) Post-traumatic stress disorder
  - (b) Panic and Trauma sensitivity disorder
  - (c) Psychiatric Trauma and stress Disturbance
  - (d) Persistant Traumatic stress dysregulation

4.			cure shared by both bipolar
		unipolar disorders?	
	(a) (b)	Manic episodes Rapid cycling	
			antoma
	(c)	Persistent depressive syn	iptoms
5.	(d) Whi	Hypomania	aracterizes a manic episode
<i>5</i> .		ipolar disorder?	nacterizes a manic episode
	(a)	Pervasive sadness	
	(b)	Excessive energy and Eup	phoria
	(c)	Persistent feelings of hope	elessness
	(d)	Social withdrawal	
6.	To di	liagnose PTSD, how long m	ust symptoms persist?
	(a)	Atleast 24 hours	
	(b)	Atleast one week	
	(c)	Atleast one month	
	(d)	Atleast three moths	
7.	Schi	zophrenia is classified as a	
	(a)	Mood disorder	
	(b)	Personality disorder	
	(c)	Psychotic disorder	
	(d)	Neurodevelopmental diso	rder
8.		ch of the following is conschizophrenia?	idered a positive symptom
	(a)	Apathy (b) H	Iallucinations
	(c)	Social withdrawal (d) F	lat affect
9.		which point does substa	nce use disorder become
	(a)	Use (b) N	<b>l</b> isuse
	(c)	Abuse (d) A	ddiction
		2	C-2548

		Part B	$(5 \times 5 = 25)$
		Answer all the questio	ns.
11.	(a)	Explain the significance of clathe field of mental health.	ssification systems in
		$\operatorname{Or}$	
	(b)	Write a brief note on Mood Dis	order.
12.	(a)	Describe PTSD and its causes.	
		$\operatorname{Or}$	
	(b)	Analyze the clinical picture of disorder.	antisocial personality
13.	(a)	Describe the types of Schizoph	renia.
		$\operatorname{Or}$	
	(b)	Discuss the causal factors of ar	nxiety disorder.
14.	(a)	Elucidate the concept of 'abnor of psychopathology.	rmality' in the context
		Or	
	(b)	Provide the Behaviour assessito identify Psychotic disorder.	ment techniques used
15.	(a)	Explain the key diagnostic crit diagnose substance use Disord	-
		$\operatorname{Or}$	
	(b)	Describe the epidemiology mental disorders.	of inhalents related
		3	C-2548

Which is most likely to be associated with hallucinations

(b) (d) Caffeine

Cannabis

and impaired judgement?

Alcohol

Nicotine

10.

(a)

(c)

Part C

 $(5 \times 8 = 40)$ 

#### Answer all the questions.

16. (a) Examine the role of genetics and environmental factors in the development of mental disorders.

Or

- (b) Explain DSM IV R and ICD 10 based classifications in mental disorder.
- 17. (a) Discuss the functions associated with the structures of brain and their role in regulating behaviour.

Or

- (b) Analyze the psychotherapeutic approach in treatment of anxiety disorder.
- 18. (a) Describe the mood episodes of Unipolar and Bipolar disorder.

Or

- (b) Investigate the neurological basis of common delusional disorders.
- 19. (a) Provide the decision-tree for differential diagnosis of Schizophrenia.

Or

- (b) Elucidate the symptoms and diagnostic criteria of Schizo affective disorder.
- 20. (a) Outline various strategies for managing and treating substance use Disorder, including both pharmacological and psychosocial interventions.

Or

(b) Explore the addictive properties of nicotine, its impact on health, and discuss evidence-based interventions for nicotine dependence.

C-2548

Sub. Code

70726

## M.Sc. (Applied Psychology) DEGREE EXAMINATION, APRIL 2024

#### **Second Semester**

## **Clinical Psychology**

#### PSYCHOTHERAPIES - I

#### (2023 onwards)

Duration: 3 Hours Maximum: 75 Marks

**Part A**  $(10 \times 1 = 10)$ 

## Answer all questions.

- 1. Beck's cognitive therapy for depression requires the individual to ————.
  - (a) make an objective assessment of their beliefs
  - (b) keep a dream diary
  - (c) keep a mood diary
  - (d) set attainable life goals
- 2. Behaviour analysis is based upon the principle of
  - (a) classical conditioning
  - (b) operant conditioning
  - (c) dream analysis
  - (d) all of the above
- 3. Behaviour modification is a type of
  - (a) behaviour therapy
  - (b) cognitive behaviour therapy
  - (c) humanistic therapy
  - (d) client centred therapy

	(a)	phenomenological	(b)	psychodynamic	;	
	(c)	humanistic	(d)	evidence-based		
5.	Which one of the following is not a behavior therapy technique?					
	(a)	flooding				
	(b)	counter transference				
	(c)	counter conditioning				
	(d)	systematic desensitization				
6.	The centra concept in gestalt therapy is ———.					
	(a)	awareness	(b)	self-fulfillment		
	(c)	self-control	(d)	desensitization		
7.	Roger's believes that all of us are born with					
	(a)	unconditional positive regard				
	(b)	a drive for self fulfillment				
	(c)	a sense of individu	ality	and uniqueness	1	
	(d)	a variety of incong	gruen	ce		
8.	Psychotherapy had be found to be					
	(a)	Demarkably effective				
	(b)	Some what effective				
	(c)	Hardly effective				
	(d)	None of the above				
9.	Psychodrama is this form of therapy					
	(a)	melodramatic	(b)	hydromatic		
	(c)	experiential	(d)	all the above		
10.	The main goal of existential therapy is					
	(a)	being-for oneself	(b)	authenticity		
	(c)	being-with others	(d)	existence		
			2		C-2549	

Cognitive behavioural therapy is generally perceived as

4.

Part B

 $(5 \times 5 = 25)$ 

Answer all questions.

11. (a) Explain the personal characteristics of therapists.

Or

- (b) Discuss the development and current status of psychotherapies.
- 12. (a) Describe psychotherapy and culture.

Or

- (b) Explain the responsibilities of a psychotherapist.
- 13. (a) Discuss the indications and valuation of psychoanalytical therapies.

Or

- (b) Describe the Neo-Freudian approach.
- 14. (a) Discuss the fundamental aspects of cognitive behavioural therapy.

Or

- (b) Explain Meichenbaum's self-instructional training.
- 15. (a) Describe the aim of acceptance and commitment therapy.

Or

(b) Explain dialectic behavioural therapy.

3

Part C

 $(5 \times 8 = 40)$ 

#### Answer all questions.

16. (a) Explain the professional issues and ethical issues training.

Or

- (b) Describe the psychotherapy in India.
- 17. (a) Discuss the psychotherapy and counselling.

Or

- (b) Explain the psychotherapy and social case.
- 18. (a) Describe the humanistic approaches in psychoanalytical therapies.

Or

- (b) Discuss the dynamic therapies.
- 19. (a) Explain the cognitive restructuring in behavioural therapy.

Or

- (b) Describe the problem solving techniques in cognitive behaviour therapy.
- 20. (a) Discuss the therapeutic relationship in acceptance and commitment therapy.

Or

(b) Explain the functions of comprehensive dialectic behavioural therapy.

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Sub. Code

70825

## M.Sc. (Applied Psychology) DEGREE EXAMINATION, APRIL 2024.

#### **Second Semester**

## **Educational Psychology**

#### FUNDAMENTALS OF EDUCATIONAL PSYCHOLOGY

(2023 onwards)

Duration: 3 Hours Maximum: 75 Marks

**Part A**  $(10 \times 1 = 10)$ 

Answer all questions.

- 1. What is the primary focus of educational psychology?
  - (a) understanding individual differences
  - (b) teaching methods
  - (c) physical education
- 2. Which theory suggests that learning occurs through observing others?
  - (a) Behaviorism
  - (b) Constructivism
  - (c) Social learning theory
- 3. Which of the following is NOT a factor influencing learning according to educational psychology?
  - (a) Motivation
  - (b) Intelligence
  - (c) Creativity

4.	According to Piaget's theory of cognitive development, what stage occurs during early childhood (2-7 years)?			
	(a)	sensory motor stage		
	(b)	pre-operational stage		
	(c)	concrete operational stage		
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- 5. What does the term "scaffolding" refer to in the context of educational psychology?
  - (a) providing temporary support to help learners accomplish a task
  - (b) testing the knowledge of learners
  - (c) encouraging independent learning
- 6. Which type of memory involves to conscious recollection of information?
  - (a) sensory memory
  - (b) short-term memory
  - (c) long-term memory
- 7. According to Maslow's hierarchy of needs, which need must be fulfilled before higher-level needs can be addressed?
  - (a) self-actualization
  - (b) safety
  - (c) esteem

- 8. In the context of educational psychology, what does the term "self-efficacy" refer to?
  - (a) Belief in one's ability to accomplish tasks
  - (b) Ability to memorize information quickly
  - (c) Aptitude in a specific subject
- 9. Which of the following is NOT a characteristic of effective teaching, as suggested by educational psychology research?
  - (a) Authoritarian teaching style
  - (b) Clear communication
  - (c) Providing constructive feedback
- 10. According to Erikson's theory of psychosocial development, what is the primary development task during adolescence?
  - (a) Identity vs. role confusion
  - (b) Trust vs. mistrust
  - (c) Generativity vs. stagnation

Part B  $(5 \times 5 = 25)$ 

Answer all the questions.

11. (a) Describe the main principles of Piaget's theory of cognitive development and discuss their implications.

Or

(b) Explain social learning theory and provide examples of how teachers can apply is to promote positive behaviour among students.

C-2550

12. (a) Explain the key concepts of behavioural theories of learning, including classical and operant conditioning.

Or

- (b) Discuss the importance of understanding student diversity in educational contexts.
- 13. (a) Explain the principles of information processing theories of learning. How can educators apply to improve student learning outcomes?

Or

- (b) Define constructionist approach and discuss its implications for classroom practice.
- 14. (a) How can teachers tailor instruction to address variations in student's readiness, interests and learning profiles within a single classroom?

Or

- (b) Discuss the significance of assessing student's prior knowledge and understanding before designing instruction.
- 15. (a) Define the term "inclusive education" and explain its significance.

Or

(b) Describe the principles of universal design for learning (UDL) and its application in accommodating diverse learning needs.

C-2550

Part C

 $(5 \times 8 = 40)$ 

#### Answer all questions.

16. (a) Compare and contrast the theories of Jean Piaget and Lev Vygotsky regarding cognitive development.

Or

- (b) Critically evaluate the impact of socio-cultural factors on students academic achievement and psychological development.
- 17. (a) Compare the behavioural theories of learning proposed by B.F. Skinner and Albert Bandura.

Or

- (b) Explain the concept of student diversity in terms of cultural, linguistic and neurodevelopmental differences during childhood and adolescence.
- 18. (a) Evaluate the strengths and limitations of information processing theories and cognitive theories of learning.

Or

- (b) Explore the role of metacognition in student learning and achievement.
- 19. (a) How can the principles of UDL accommodate the diverse needs of students, including those with disabilities, English language learners and gifted learners?

Or

(b) Explain the relationship between student motivation and self-regulated learning strategies.

C-2550

20. (a) Evaluate the effectiveness of various instructional approaches and teaching strategies for meeting the diverse learning needs of students with exceptionalities.

Or

(b) Explain the role of collaboration between general education teachers and special education teachers in providing inclusive education for students.

Sub. Code 70826

## M.Sc. (Applied Psychology) DEGREE EXAMINATION, APRIL 2024.

#### **Second Semester**

## **Educational Psychology**

## PSYCHOLOGICAL ASSESSMENT IN EDUCATIONAL SETTING

#### (2023 onwards)

Duration : Three Hours Maximum : 75 Marks

**Part A**  $(10 \times 1 = 10)$ 

Answer all questions.

- 1. What is the purpose of Psychological assessment in educational settings?
  - (a) To diagnose mental disorders
  - (b) To measure intelligence and academic achievement
  - (c) To prescribe medication
- 2. Which type of assessment involves observing a student's behaviour in a naturalistic setting?
  - (a) Self-report measures
  - (b) Norm-referenced tests
  - (c) Behavioural assessments

- 3. Which assessment is designed to measure a student's aptitude for learning and problem-solving?
  - (a) Achievement test
  - (b) Intelligence test
  - (c) Personality test
- 4. What is the purpose of using standardized tests in psychological assessment?
  - (a) To compare student's performance to a normative sample
  - (b) To assess personality traits
  - (c) To diagnose psychological disorders
- 5. Which type of assessment measures a student's knowledge and skills in specific academic areas?
  - (a) Aptitude tests
  - (b) Achievement tests
  - (c) Diagnostic tests
- 6. What is the main advantage of using multiple assessment methods in educational settings?
  - (a) It simplifies the assessment process
  - (b) It provides a comprehensive understanding of students abilities and needs
  - (c) It reduces the need for individualized education plans
- 7. Which assessment tool is often used to identify learning disabilities and developmental delays in young children?
  - (a) IQ test
  - (b) Developmental screening
  - (c) Behavioural checklist

- 8. What does a norm-references test compare a student's performance to?
  - (a) The student's own previous record
  - (b) A predetermined standard or average performance of a group
  - (c) The performance of students in other schools
- 9. Which type of assessment focuses on assessing a student's emotional and social functioning?
  - (a) Aptitude test
  - (b) Achievement test
  - (c) Personality assessment
- 10. Which assessment method involves asking students to provide information about their thoughts feeling and behaviour?
  - (a) Behavioural observation
  - (b) Self-report measures
  - (c) Projective tests

Part B  $(5 \times 5 = 25)$ 

Answer all questions.

11. (a) Explain the purpose of screening in psychological assessment within school settings.

Or

(b) What are the key objectives of diagnosing learning disorders or emotional difficulties in students, and how does it inform intervention planning?

C-2551

12. (a) Discuss the role of interviews and record reviews in psychological assessment in schools.

Or

- (b) Explain the significance of observation systems in psychological assessment within educational settings.
- 13. (a) Explain the purpose and process of individually administered tests in assessing academic achievement.

Or

- (b) Discuss the utility of curriculum-based assessment and measurement (CBAM) in evaluating academic achievement.
- 14. (a) Explain the purpose of cognitive tests in assessing knowledge, aptitude and competency.

Or

- (b) Discuss the role of non-cognitive assessment formats, in evaluating individuals psychological characteristics and attributes.
- 15. (a) How can psychological assessment in school be aligned to scientific advances?

Or

(b) Explain the concepts of aligning assessment to educational standards.

C-2551

#### Answer all questions.

16. (a) Critically analyze the purposes of psychological assessment in school settings, including screening, diagnosis, intervention, evaluation, selection and certification.

Or

- (b) Explore the process of conducting a comprehensive psychological assessment for students with learning difficulties.
- 17. (a) Critically analyze the current status and practices of psychological assessment in school.

Or

- (b) Explore the challenges associated with the use of standardized tests in psychological assessment within educational contexts.
- 18. (a) Critically analyze the strength and limitations of individually administered tests, curriculum based assessment and measurement (CBAM) and performance assessment in assessing academic achievements.

Or

- (b) Explore the impact of high-states testing and standard-based educational reform on teaching and learning practices in schools.
- 19. (a) Explain the purpose of cognitive tests in assessing knowledge, aptitude and competency.

Or

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(b) Discuss the role of non-cognitive assessment formats in evaluating individuals psychological characteristics and attributes.

20. (a) Analyze the future trends and challenges in psychological assessment in schools.

Or

(b) Explore the ethical considerations and implications of aligning assessment to educational standards.